



# Media Release

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Monday 15 April 2019

## Camden Council celebrates National Families Week

Local families are invited to celebrate National Families Week 2019 with their loved ones, Camden Council and other local services, with more than 35 exciting activities and events lined up from **Wednesday 15 to Tuesday 21 May**.

Council's National Families Week 2019 program includes:

- Learn to swim on Wednesday 15 May, 9am-noon, at Mount Annan Leisure Centre;
- Healthy lunchbox workshop on Wednesday 15 May, 4.30-5.30pm, at Mount Annan Leisure Centre;
- Child safe organisation workshop on Thursday 16 May, 10am-4.30pm, at Oran Park Library
- Drop-in baby play-date on Thursday 16 May, 9.30am-12.30pm, at Narellan Library;
- Family movie night on Friday 17 May, 6.30pm, at United Cinema, Narellan Town Centre;
- Family tree-planting day on Saturday 18 May, 9am-noon, at Harrington Forrest, Scanlon Crescent, Harrington Park;
- Free family photos on Saturday 18 May, 11am-2pm, at Camden Town Farm, 40 Exeter Street, Camden;
- 'Hitching Post' art class on Saturday 18 May, 11am-4pm, at Alan Baker Art Gallery;
- Family basketball coaching clinic on Saturday 18 May, 9.30-11am, at Mount Annan Leisure Centre;
- 'This is my family' portrait workshop on Sunday 19 May, 10am-noon, at Alan Baker Art Gallery;
- Sensory-friendly movie session on Sunday 19 May, 10am, at United Cinema, Narellan Town Centre;
- Camden Paint the Town REaD Book Relay on Monday 20 May, 11am, at Narellan Library;
- Family Zumba on Monday 20 May, 5-6pm, at Mount Annan Leisure Centre;
- SAFE Space, child-safe training for the disability sector, on Tuesday 21 May, 10am-4.30pm, at Oran Park Library.

Mayor of Camden, Cr Peter Sidgreaves, said he was proud Camden Council was offering such an exciting and extensive program of activities and events.

"National Families Week is a celebration of the vital role families play in valuing and protecting children, setting the foundations for their future and teaching, supporting and nurturing children as they grow," Cr Sidgreaves said.

"Our program is all about allowing local families to play, become stronger and more connected, learn and create, be healthy, active and safe and, most importantly, have fun and be entertained.

"You can celebrate National Families Week in small ways as well. Take the time to say thank you to your loved ones for the things they do for you, reach out to extended family members who you haven't caught up with in a while and make plans to spend some quality time with your family."

For more information, and to register for any of Council's National Families Week 2019 program activities, visit [camdenkids.com.au](http://camdenkids.com.au) or call 4654 7777.

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