



Media Release

Monday 1 July 2019

Unleash your child's inner Spartan these school holidays

Unleash your child's inner Spartan with exciting ninja warrior and gymnastics clinics running at Mount Annan Leisure Centre these school holidays.

Mayor of Camden, Cr Theresa Fedeli, said the clinic would be held on **Friday 12 and 19 July, 9.30am-3pm**.

"This fast-paced program is where gymnastics meets martial arts and parkour," Cr Fedeli said.

"Children aged five to 12 years will develop their power, balance, agility and discipline in a fun and safe environment, all while mingling with peers and making new friends.

"It's so important children stay active during the school holidays – and what better way to do that than with something they wouldn't usually take part in!"

Mount Annan Leisure Centre is running a number of other physical activities to get children's hearts pumping these school holidays. These activities, which are \$56 each, include:

Activity	Date	Time	Age
Soccer clinic	Monday 8 July	9.30am-3pm	5-14 years
	Tuesday 9 July	9.30am-3pm	5-14 years
	Wednesday 17 July	9.30am-11am	7-9 years
	Wednesday 17 July	11am-12.30pm	10-12 years
	Wednesday 17 July	1-2.30pm	13-15 years
Netball clinic	Wednesday 10 July	9.30am-3pm	5-9 years
	Thursday 11 July	9.30am-3pm	10-14 years
Basketball camp	Monday 15 July	9.30am-3pm	5-14 years
	Tuesday 16 July	9.30am-3pm	5-14 years
Multi-sports clinic	Thursday 18 July	9.30am-3pm	5-14 years

For children aged six years and over looking to brave the cold weather and make a splash, there will also be a water slide set up, from noon until 3pm, every day of the school holidays. Access will be included with entry fees.

For more information, visit ymcansw.org.au/centres/mount-annan-leisure-centre and search 'school holiday activities'. For more Council-run school holiday activities, visit camden.nsw.gov.au and search 'school holiday activities'.

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