

Media Release



2 October 2018

Students invited to Paws for a Second

Dogs will be visiting Narellan Library during October to provide stress relief to high school students during the exam period.

The Paws for a Second initiative was developed by Camden Youth Council and launched in 2017.

Mayor Peter Sidgreaves said the initiative aimed to acknowledge Mental Health Month, as well as the importance of supporting teens to deal with stress.

“This is a fantastic project by our Youth Council during a time when we are placing increased focus on speaking up about mental health,” Cr Sidgreaves said.

“Our young people can be particularly vulnerable when it comes to mental health and wellbeing and we encourage them to use this opportunity to take a break, reassess and make sure their health is made a priority during exam period,” he said.

The initiative will be run 3.30pm - 4.30pm, every Monday and Wednesday in October with the assistance of PAWS Pet Therapy, at Narellan Library.

Information is available on Council’s website, www.camden.nsw.gov.au.

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Media Contact:

Caitlin Lewis
Media Officer
Camden Council
PO Box 183, CAMDEN NSW 2570
Phone: 4654 7823 Mobile: 0438 062 628
Email: caitlin.lewis@camden.nsw.gov.au