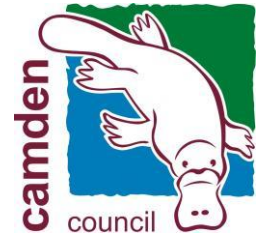


# Media Release

---



1 May 2018

## Social Media for seniors

Camden's seniors can learn how to become social media savvy, with a free upcoming computer course at Narellan Library.

The course is part of the Tech Savvy Seniors program and will help explain social media, how to use it and how it can be of benefit.

"Social media can help many of our senior residents feel less isolated, and be active and connected citizens within our community," said Mayor Lara Symkowiak.

"We are pleased to offer these sessions out of our local libraries, and hope seniors will take full advantage of the opportunity to learn to use technology," Cr Symkowiak said.

Introduction to Social Media Part 1 will focus on sites such as Facebook, Twitter, YouTube, Flickr and Skype, and will take participants through the functions of each site and help them to set up their own accounts.

The course will be held 1pm-3pm, Monday 7 May at Narellan Library. Participants can bring their own computer, or have one supplied on the day.

Places are limited and online bookings are essential.

To book, call: 4645 5039 or visit: [www.library.camden.nsw.gov.au/bookings](http://www.library.camden.nsw.gov.au/bookings).

**ENDS**

---

**Media Contact:**

Caitlin Lewis  
Media Officer  
Camden Council  
PO Box 183, CAMDEN NSW 2570  
Phone: 4654 7823 Mobile: 0438 062 628  
Email: [caitlin.lewis@camden.nsw.gov.au](mailto:caitlin.lewis@camden.nsw.gov.au)