



Media Release

30 January 2018

Positive Parenting Program

Parents are invited to attend a free series of workshops designed to help raise happy, healthy young people.

The Triple P: Positive Parenting Program provides a support system for parents of 12 to 16 year olds and aims to equip them with the skills and confidence to manage family issues.

“Parents are some of the most influential people in our community, guiding the lives of their children and shaping the family structure which impacts the broader community,” said Mayor Lara Symkowiak.

“Being responsible for the emotional, social and intellectual development of a child certainly has its challenges and relies on parents knowing what to do,” Cr Symkowiak said.

“Any information and training that can help take the guess work out of parenting and support their children to reach their full potential is a good thing,” she said.

The program will be held as a seven part workshop and include ways to encourage appropriate behaviour, managing problem behaviour, dealing with risky behaviour and implementing parenting routines.

The program is being run by Uniting at Narellan Library at 6pm-7.30pm on Mondays, February 12, 19, 26 and March 5 and 6. Contact Uniting on 4629 5164 for details and to make a booking.

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