

CAMDEN COUNCIL

Media Release



9 October 2015

CELEBRATING OUR CARERS

Carers across the Camden Local Government Area will be encouraged to relax and take a break during National Carers Week, 12 - 18 October.

Mayor of Camden, Cr Lara Symkowiak said that National Carers Week is an important time to recognise and celebrate the contributions of around 5,000 carers across our LGA.

“Carers play a vital role in our community and work tirelessly to care for loved ones with an illness, disability, chronic condition or who are frail.

“To celebrate Carers Week, Council has planned a number of events to encourage Carers to take the time out for themselves, relax and find out about support services available.”

“The program also includes an event to help those caring for a loved one with a disability to prepare for the rollout of the National Disability Insurance Scheme in Camden from 1 July next year.”

“National Carers Week is not only a great time to celebrate our Carers, it is an ideal opportunity to raise awareness of the diversity of carers and caring roles in our community.” Cr Symkowiak said.

Camden’s 2015 Carers Week program:

- **12 October** Movie screening of *The Intern* at United Cinemas in Narellan, \$5
- **14 October** Carers Lunch and Self-care Workshop presented by Quest for Life at Camden Civic Centre, \$5
- **16 October** Talk on Financial Support available to Carers, Narellan Library, free
- **20 October** National Disability Insurance Scheme Info Session at Camden Civic Centre, free

For more information visit Council’s website (can we put a specific link?) or contact 4645 5009.

ENDS

Camden Council Media Contact:
Belinda Howell
Team Leader, Community Engagement
Camden Council
Phone: 4645 5154
Email: belinda.howell@camden.nsw.gov.au