# 16-24 APRIL 2021

# CAMDEN 12-24 YEARS 12-24 YEARS WEEK

Together more than ever.



### **FRIDAY 16 APRIL**

### Spotlite

Local musicians aged up to 24 years will hit the stage and amp up to share a night of awesome music, friendship, and support. This Council event will be supported by Traxside and Headspace and profile the support services they offer locally and raise awareness of youth mental health. Enjoy quality local entertainment that is accessible, and free!

WHERE: Julia Reserve Youth and

Community Centre

Peter Brock Drive, Oran Park

TIME 4-7pm COST: Free

MORE INFO: 4655 8681

### Writer's Workshop

Do you have ideas that you would like to turn into original short stories? Get advice from a published writer, who will help develop your characters and narratives and build confidence to find your own voice.

WHERE: Oran Park Library

72 Central Avenue, Oran Park

TIME: Noon-1.30pm for residents aged

12-15 years; OR

2-3.30pm for residents aged

15-18 years

COST: Free

MORE INFO: 4645 5676



### **SATURDAY 17 APRIL**

### **SUNDAY 18 APRIL**

# Recording Studio Introduction

Do you want to record your own music or podcasts?

Join local producer, Isaac Lewis of Waratah Records, and learn how to use the recording and mixing equipment in The Space Digital Studios. Access to all equipment and software will be provided.

WHERE: Oran Park Library

72 Central Avenue, Oran Park

TIME: 10am-noon COST: Free MORE INFO: 4654 5676



### **Barefoot Bowls**

Get your friends (or even your grandparents) together for a game of barefoot bowls! Enjoy a laugh and a game for free, in celebration of Youth Week.

WHERE Camden Bowling Club,

22 Cawdor Road, Camden

TIME Noon-2pm
PRICE Free

MORE INFO 0409 306 256 Bookings Essential

### Youth Fun Day

A day full of activities for local youth and their families, including bubble soccer, jumping castle, pool inflatables, water slide, music and much more.

WHERE: Mount Annan Leisure Centre,

368 Welling Drive, Mount Annan

**TIME:** 12.30- 3.30pm

**COST:** Free **MORF INFO:** 4648 4830

### Camden Soundscape

Work with the Fisher's Ghost Youth Orchestra and Violinist Jessica Arlo, in this musical workshop which will discuss local issues affecting Camden Youth, and create a soundscape to reflect the ideas shared. Learn about Soundscape Improv and enjoy music, snacks, and fun times with your friends

WHERE: Harrington Park Community Centre,

33A Fairwater Dr, Harrington Park

TIME: 1-5pm COST: Free

MORE INFO: 0499 019 473

### **MONDAY 19 APRIL**

### **WEDNESDAY 21 APRIL**

### Mindful Monday

Learn the best tips to boost your wellbeing through mindfulness and leave feeling calm and relaxed. This workshop also involves DIY building of mindfulness kits to take home with you.

WHERE: Mount Annan Leisure Centre.

368 Welling Drive, Mount Annan

TIME: 4-5.15pm

COST: Free

MORE INFO: 4648 4830



### Wellness Wednesday

This class combines stretching, muscle lengthening poses with controlled breathing to bring the body and mind into a more flexible, rested and relaxed state.

WHERE: Mount Annan Leisure Centre,

368 Welling Drive, Mount Annan

**TIME:** 4.30-5.30pm

COST: Free
MORE INFO: 4648 4830

# Rainbow Advocacy Youth Network (RAYN)

Celebrate with Camden's LGBTQI+ youth community and Big Yellow Umbrella's RAYN grand opening!

The afternoon will be full of food, fun, music and games, with allies welcome to join.

**WHERE:** Julia Reserve Youth and Community

Centre, Peter Brock Drive, Oran Park

TIME: 3.30-5pm

COST: Free

MORE INFO: 4647 1283

# Open Youth Reference Group Meeting

Ever wanted to get more involved with Headspace, or join their Youth Reference Group? Stop wondering what it is like and come along to sit in on this open group session and see what it's all about!

**WHERE:** Julia Reserve Youth and Community

Centre, Peter Brock Drive, Oran Park

TIME: 6-7.30pm COST: Free

MORE INFO: 0429 544 631

### **THURSDAY 22 APRIL**

### **FRIDAY 23 APRIL**

### Outdoor Boot Camp

This class is an outdoor session incorporating ropes, tyres, sandbags and kettlebells. Have fun with friends and get fit at the same time.

WHERE: Mount Annan Leisure Centre,

368 Welling Drive, Mount Annan

**TIME:** 4.30-5.30pm

COST: Free

MORE INFO: 4648 4830

### To Your Own Beat

Dance and move with Headspace, to explore, express and share personal stories about culture, personal empowerment, and wellbeing.

WHERE: Julia Reserve Youth and Community

Centre, Peter Brock Drive, Oran Park

TIME: 4-6pm COST: Free

MORE INFO: 0429 544 631

# Debunking Dope Info Stalls

Ever wanted to get more involved with Headspace, or join their Youth Reference Group? Stop wondering what it is like and come along to sit in on this open group session and see what it's all about!

WHERE: Julia Reserve Youth and Community

Centre, Peter Brock Drive, Oran Park

TIME: 4-7pm

COST: Free

MORE INFO: 4628 2319

### **Camden Shorts**

This event will feature short performances by residents aged between 12 and 25 years, including live music, dance, and theatre.

Entry is free but bookings are essential!

WHERE: Camden Civic Centre,

Oxley Street, Camden

TIME: 7-9.30pm COST: Free

MORE INFO: Tickets available from

Monday 5 April at trybooking.com/BPIMV



# MOVIE **TICKETS**

\$5 MOVIE DEAL COMES WITH A POPCORN AND DRINK COMBO

Movie tickets are for high school students who live or study in the Camden area.

Choose from Mortal Kombat or Tom and Jerry.

Tickets are limited and to be used during Youth Week, Friday 16 to Saturday 24 April, at Narellan Cinemas.





Brought to you by Camden Council and NSW Youth Week



**BOOK ONLINE** unitedcinemas.com.au



Speak up. Be involved. Get connected. Have fun.







### **ALL WEEK**

### **\$5** Movie Tickets

Enjoy a movie, popcorn and drink for only \$5 this Youth Week, at any showing of Mortal Combat or Tom and Jerry at Event Cinema, Narellan!

Movie tickets are for high school students who live or study in the Camden area and tickets are limited.

WHERE: United Cinema,

326 Camden Valley Way, Narellan

**COST**: \$5

MORE INFO: 4646 1656

### **Express Yourself Wall**

Throughout the week, Council will have a wall dedicated to youth of the Camden community. Young people are invited to express how they feel and what they would like to see in the community and in their lives.

WHERE: Mount Annan Leisure Centre,

368 Welling Drive, Mount Annan

COST: Free

MORE INFO: 4648 4830









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For more information about Youth Week in Camden, contact Council on 4645 5021.

Camden Youth Week activities are coordinated by Camden Council in partnership with local youth services and organisations.

















