

# Traxside Youth Health Service

## Youth Clinic

### Youth Health Nursing

- A safe, free and confidential health service for young people aged **12-24**
- Specialist nursing for adolescents
- Harm minimisation principals
- No Medicare card required
- Health issues that we focus on with our clients:
  - Mental health
  - Drugs and alcohol
  - Nutrition
  - Sexual and reproductive health
  - Comprehensive health checks
  - Health education
  - Oral health
  - Pregnancy options counselling and pregnancy support

Operating Hours: **Monday-Friday 9am-5pm**

**Walk-in clients accepted – booked appointments preferred**

### Adolescent Paediatrics

- A free Paediatric clinic for young people aged **12-18**
- Overseen by a Paediatrician with specific adolescent expertise
- No Medicare card or GP referral required
- **Fortnightly Friday clinics**
- **By appointment only**
- Supported by an experienced Youth Health Nurse



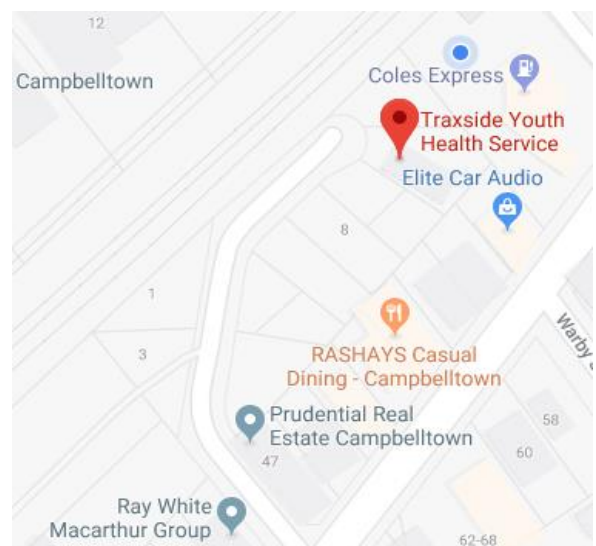
**To Make A Referral:** Please call Traxside on **(02) 4633 0880** and ask to speak with an Intake Officer or Youth Health Nurse

**Other Services Available:** Free counselling with untimed and unlimited sessions (no Medicare card required), health promotion workshops and programs, group activities

## Traxside Youth Health Service

**Address: 4 Langdon Ave,  
Campbelltown NSW**

**Ph: (02) 4633 0880**



**Health**  
South Western Sydney  
Local Health District