

SUN 24 SEPT 2023
TASTE CAMDEN
12PM-5PM
CAMDEN TOWN FARM, CAMDEN

**CAMDEN
FEST
IVAL**

CORN, PUMPKIN AND WHEY RISOTTO

Ingredients:

- 1 Head Corn
- 250g Pumpkin (Grated)
- 1L Full Cream Milk
- 150g Risotto Rice
- 1 Brown Onion (Diced)
- 40g Butter
- 1 Lemon
- 1 Clove Garlic
- 1 Bunch Mint and Basil
- Salt and Pepper
- 100g Parmesan
- Olive Oil

Method:

1. Bring the milk to a simmer, squeeze in a little lemon juice to separate the curds from the whey.
2. Strain the ricotta and set the whey aside.
3. Sweat onion and garlic in a little olive oil.
4. Add the rice and fry for a minute with the pumpkin.
5. Pour in around 500ml of whey, cook and stir occasionally.
6. Once two thirds cooked, add the corn. Add more whey if need be.
7. Once cooked, season with butter, parmesan, lemon zest and a little juice and torn basil.

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