

Minutes

Seniors Reference Group Meeting

Lakeside Room
Oran Park Library
72 Central Ave
Oran Park

2 March 2023
2 – 4pm



camden
council

ORDER OF BUSINESS

Present.....	3
Acknowledgement to Country.....	3
Declarations of Interest.....	3
Leaves of Absences.....	3
Confirmation of Minutes.....	3
Business Arising.....	3-5

MEETING COMMENCED AT 2.00PM

PRESENT

, Christine Crooks, Val Moskvitch, Maria Campton & Lisa Grimson

ACKNOWLEDGEMENT OF COUNTRY

Val delivered the Acknowledgement of Country.

APOLOGIES AND LEAVES OF ABSENCES

Stephanie Georgy, Keith Maddock, Cr Peter McLean, Mel Chime

DECLARATIONS OF INTEREST

Nil

CONFIRMATION OF MINUTES

Previous meeting minutes Maria moved the motion to pass and Christine seconded the motion.

BUSINESS ARISING

N/A

1. REPORT TITLE

Seniors Festival 2023 Review and Evaluation

Concerts

- Over 500 Seniors attended our entertainment program which included the Seniors Concert, Celebrating Seniors in Style Fashion Show and High Tea and the Forget-Me-Not Concert for people living with dementia and their carers.
- The Seniors Concert provided a diverse range of local performers and opportunity for participants to be part of the show, have a healthy meal, improve wellbeing, try new things, meet new people, have fun and enjoy social connections. (Attendance 195)
- Café Connect - Forget-Me-Not Concert – People living with Dementia (PLwD) and their Carers This concert designed specifically for (PLwD) showcased great entertainment, sing a longs and dancing which provided opportunities for enjoyment and connections in a safe and welcoming environment. (Attendance 105)
- **Celebrating Seniors in Style Fashion Show and High Tea**
This event included local store's fashion which provided promotional opportunities, increased sales and connection to broader community, services and other businesses. Our volunteering Seniors models and MC built confidence and learnt new skills. There were also opportunities to engage and participate on diverse levels, roles and responsibilities. (Attendance 210)

Wellbeing Programs

- Café Connect services including, Council, Myrtle Cottage, Meals on Wheels, Services NSW, Seniors Rights and IC Care were able to provide participants information and
- referral to services needed connecting carers, (PLwD) and their families to support services. (Attendance 105)
- Additional Programs
- Celebrating Seniors In Style Photo Exhibition Camden Libraries
- 170 Seniors took advantage of the free pool pass from 1-12 February
- 150 participated in exercise programs
- 80 learnt affordable cooking skills
- 50 participated in lifelong learning programs
- 160 Seniors attended Café Connect with 15 gov and non gov services participating
- 1,000 Seniors Festival and Café Connect programs distributed to participants
- Feedback from participants across all programs was very positive and appreciative.

Group discussion further constructive feedback and ways to improve delivery.

Action Items:

Task	Responsibility
More diversity and increase number of performances. 30 minute timeframe for each performance at Concerts.	All
Contact schools by August to allow practice time for students	All
Advise 2024 Senior Festival dates when announced to organize timeframe	Lisa G

Events 2023 Planning

- Café Connect (Christmas in July event) 27th July (120 guests)

Action Items:

Task	Responsibility
- Seniors Reference Group to support this event	Seniors Reference Group

General business

- During Seniors Festival participants raised how enjoyable the bus trips were and requested if Council could look into the possibility of delivering this activity.
- Group discussed this project as an additional event for 2023


Action Items:

Task	Responsibility
Research Coach Services	
Research Destinations and activities	
Cost of Trips	

Availability of booking times	
Number of Seniors that can be catered	

MEETING CLOSED AT 3.40PM.

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