

CAMDEN COUNCIL CELEBRATES

2024 SENIORS FESTIVAL

Reach beyond!



camden libraries

11-24 MARCH 2024

2024 SENIORS FESTIVAL

Camden Council invites local seniors across Camden to celebrate the 2024 Seniors Festival.

The focus is to 'Reach Beyond' through a range of activities throughout February and March. This includes celebrating seniors through health and well-being sessions, creative workshops, Showcasing Seniors skills, talents, hobbies, and groups at Seniors Talent Quest and Exhibition. Also, one offer is the Comedy Road Show.

As part of the festival, seniors are encouraged to enjoy new experiences, continue learning, impart their skills, and have fun with what's on offer across Camden. With the theme 'Reach Beyond', the festival promotes building inclusive communities and provides

Reach Reach beyond! beyond!

an opportunity for seniors to try new things, contribute, and remain active and engaged in their local communities.

Council will offer free or low-cost events and activities throughout March to inspire seniors to connect, stay active, share skills, and keep doing the things they enjoy, together!

As part of its ongoing commitment to seniors, Council will be offering various activities in partnership with the NSW Government, services, local businesses, community groups and the Camden Seniors Reference Group.

Please use this link [Bookable](https://camdenevents.bookable.net.au/#/?eventCategoryId=4) or visit <https://camdenevents.bookable.net.au/#/?eventCategoryId=4> to book.



The following events and activities will be held across Camden as part of the Seniors Festival:

Cryptic crossword morning

Join other Cryptic Crossword fans for a morning of solving puzzles. Bring your experience, sharpen your skills and have fun. Participants will need to have basic knowledge of solving cryptic crosswords. Light refreshments provided.



When: Monday 4 March



Time: 10am - noon



Camden Library,
John Street, Camden



Bookings: [Bookable](#)



Booking support: 4653 3101



Gentle yoga and mindful moment session

Move your body gently to relax your mind. This session is a great way to learn relaxation techniques you can use at home. You are welcome to bring a mat, towel or use a chair provided.

Café Connect will be there from noon with great food and refreshments and services to have a chat with and find out what is on offer in Camden.



When: Tuesday 5 March



Time: 11-11.45am



Spring Farm Community Centre
Richardson Road, Spring Farm



Bookings: [Bookable](#)



Booking support: 4645 5009

Cafe Connect: Forget-Me-Not Concert

This concert is designed for people living with Dementia who would benefit from a more relaxed concert environment. Music is a great way to kick start the brain and unlock memories. Carers and family members of people living with Dementia are also invited to attend.

Enjoy a great Café Connect lunch, have a chat with services and find out what is on offer Camden. Group bookings are welcome.



When: Wednesday 6 March



Time: 11am-1pm



Camden Civic Centre
Oxley Street, Camden



Bookings: [Bookable](#)



Booking support: 4645 5009

Still life watercolour class

At Alan Baker Art Gallery enjoy a guided tour of the current exhibition followed by a Still-Life Watercolour class where you will select and construct your own flower arrangement and guided through painting the arrangement with watercolour. Morning tea included.



When: Tuesday 12 March



Time: 10am - noon



Alan Baker Art Gallery,
John Street, Camden



Cost: Free



Bookings: <https://www.trybooking.com/eventlist/alanbakerartgallery>



Booking support: 4654 7745

Reed-pen ink painting class

At Alan Baker Art Gallery enjoy a guided tour of the current exhibition followed by a Reed-Pen Ink painting class where participants are provided with native reed pens and guided to create their artwork. Morning tea included.



When: Wednesday 13 March



Time: 10am - noon



Alan Baker Art Gallery,
John Street, Camden



Cost: Free



Bookings: <https://www.trybooking.com/eventlist/alanbakerartgallery>



Booking support: 4654 7745



Movie session - *Easter Parade* (PG)

On the day before Easter in 1911, Don Hewes is crushed when his dancing partner (and object of affection) Nadine Hale refuses to start a new contract with him. To prove Nadine's not important to him, Don acquires an innocent new protege, vowing to make her a star in time for next year's Easter parade.

Starring Judy Garland and Fred Astaire.



When: Wednesday 13 March



Time: 6pm



Narellan Library,
Cnr Ellyard and Queen Street
Narellan



Bookings: [Bookable](#)



Booking support: 4653 3101



Seniors talent time

Come along and celebrate the skills and talents of seniors! Activities and great entertainment are on offer with our Open Mic Seniors Talent Quest. We'll also showcase seniors' creative works, services and seniors' social groups will there provide information about what is on offer for people in Camden. Healthy food and refreshments will be offered throughout the day.



When: Thursday 14 March



Time: 10am-1pm



Camden Civic Centre,
Oxley Street, Camden



Cost: Free



Bookings: [Bookable](#)





Booking support: 4645 5009




Movie session – *Random Harvest*

Enjoy the beautiful movie *Random Harvest*, starring Greer Garson and Ronald Coman. Light refreshments provided.

 When: Friday 22 March

 Time: 10am – noon

 Oran Park Library,
72 Central Ave, Oran Park

 Bookings: [Bookable](#)


 Booking support: 4653 3101


Home library luncheon


Camden Libraries invite our home library patrons to visit Narellan Library for a luncheon.


Transport will be provided and library staff will be on hand to assist with selecting items to borrow.


Attendees must be registered with the Home Library Service.

 When: Tuesday 26 March

 Time: noon – 2pm

 Narellan Library,
Cnr Ellyard and Queen Street
Narellan

 Bookings: [Bookable](#)

 Booking support: 4653 3101



Seniors festival comedy road show

Council's Seniors Reference Group invite you to come along a for a fun morning of entertainment and have a laugh with some great comedians. Enjoy a lovely morning tea prior to the show.



When: Wednesday 27 March



Time: 10.30am - noon



Civic Centre,
Oxley Street Camden



Cost: \$10 – Group bookings welcome



Bookings: [Bookable](#)



Booking support: 4645 5009



Reach Beyond!

This program was created in partnership with stakeholders and the information contained may change prior to the nominated event.

For more information call Camden Council on 02 4654 7777 or visit www.camden.nsw.gov.au/community/support/older-people/



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