



## Return to Training FAQ's

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## FAQ's

1. **What is the basis of the framework ?**  
Compliance with Public Health Orders and the guidelines provided by the State Sporting Organisation of your sport.
2. **What is the current Public Health Order?**  
<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx>
3. **What are the sportsgrounds and facilities open for?**  
Training only.
4. **What amenities are open at the sportsgrounds?**  
Toilets ONLY – no access to change rooms, club rooms or canteens.
5. **How many people in each group can train together?**  
10 people only in each group, including coaches and trainers.
6. **How many people can train at each facility?**  
Maximum of 10 people per group and 4 groups per standard rectangular field and 3 groups per oval field.
7. **How often will the facilities be cleaned and who cleans them?**  
Council will provide cleaning for all toilets as per cleaning schedule – additional sanitisation and cleaning should be provided by each club.
8. **What about cleaning the equipment in use for training?**  
All equipment that is shared should be thoroughly cleaned and sanitised immediately at the completion of each session.
9. **How can we access the keys to the facilities if needed?**  
Keys should be provided via the designated people within each club and should give access to toilets only.
10. **How can we maintain social distancing?**  
This should be monitored by the coaches and trainers for each group under the guidance of the designated officers in each club.
11. **How can contact tracing be managed? (COVID- 19 app/attendance sheets)**  
All training sessions should include a register of participants prior to the beginning of each session – no person should begin training until they have registered at the facility. It is strongly recommended that all participants have the COVID-19 app installed on their phone.
12. **What if someone feels unwell?**  
All people who feel unwell should stay home. Anyone who feels unwell should leave the training session immediately and this should be recorded on the training register and be reported via the club to the person responsible for the register immediately.
13. **Are spectators allowed?**  
No spectators are allowed at training sessions – parents and carers should remain in vehicles if they remain at the venue.

14. What about parents/accompanying adults?

Parents and carers should transport participants to the venue and ensure they register before beginning training – parents and carers should return to their vehicle and remain in the vehicle until the completion of training and return home immediately after completion.

15. Who to contact if needed?

All contact should be directly to your club and the designated officers within the club to ensure that all information remains consistent.

Firstly, if you have a suspected case please advise your local Public Health Authority and follow their instructions. Secondly, if you are a suspected case or return a positive result to COVID -19 and you have engaged in your sport-related activities over the past 14 days, you should also advise your Club President or Secretary or COVID-19 Coordinator.

16. What are some good frameworks for re-opening for clubs/associations?

Check with your state association first - Football NSW, AFL and Rugby NSW all have guidelines that ensure the safety of participants and could be used to control the operations at facilities. They are good examples that could be applied to your club operations.

<https://footballnsw.com.au/return-to-training/>

<https://aflnswact.com.au/return-to-play/resources-and-templates-2/>

<https://australia.rugby/news/2020/03/20/information-regarding-coronavirus-for-community-and-club-rugby>