

Camden Council 70 Central Avenue, Oran Park NSW 2570 PO Box 183, Camden 2570 Telephone: 02 4654 7777 Email: mail@camden.nsw.gov.au

DX 25807 ABN: 31 117 341 764 Fax: 02 4654 7829

Café Connect Camden Project

Expression of Interest for services and organisations that support older people to participate in Café Connect Camden

Camden Council will host a series of monthly Connection Cafes for older people of all abilities across the Camden Local Government Area for a period of twelve months. The café will be a one stop shop that provides information about health, social and service provision in a variety of formats including one on one conversations with services, access information from technology, large print and easy read resources. In addition to the café a different activity will be delivered to scope interest for further social and affordable activities.

The café is free and will provide a diverse range of services that will offer older people pathways to information to connect with a variety of service providers, have their questions answered or information provided about services, programs and activities in the one location.

Council is seeking expressions of interest (EOI) from services and organisations to participate in the Café Connect Camden project. We are looking for services and initiatives that will provide information pathways, links and opportunities that promote inclusion, health and wellbeing that will support older people to remain engaged and active and make connections to beneficial services.

The project was made possible by the Liveable Communities Grant Program, an initiative of the NSW Ageing Strategy 2016-2020 and is part of the NSW Government's commitment to supporting innovative ideas and approaches that foster liveable communities for older people.

Council is committed to engaging with our local community, business, services and other levels of government to make Camden a better place to age now and into the future.

The form can be downloaded on Council's website and should be submitted by email to: Lisa Grimson, Community Project Officer (Ageing and Disability) <u>access.mailbox@camden.nsw.gov.au</u> or contact 4645 5009 for further information.





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Twelve Cafés will be delivered during 2018/2019. Please tick the cafés you would like to express interest in attending. Expressions of interest for each Café will close one month prior to Café date.

Application to Register for Café Connect Camden				
Organisation/Service				
Representative				
Phone				
Email				
Program/service				
Short description of program/service				

Café Connect Camden - 11am to 1pm				
Date	Location	Activity	Participate Please tick	
Tuesday 11	Mount Annan	Pryme Movers group class		
September 2018	Leisure Centre	10.30am		
Tuesday 16 October	Camden Civic	Carers Pamper Day 11am		
2018	Centre			
Thursday 25	Oran Park Library	Grandparents Day 11am		
October 2018				
Thursday 15	Mount Annan	Pryme Aqua class 9.30am		
November 2018	Leisure Centre			
Monday 3 December	Oran Park Library	International Day People with		
2018		Disability 10am		
Wednesday 27	Mount Annan	Pilates group class 10.30am		
February 2019	Leisure Centre			
Friday 15 March 2019	Narellan Library	Seniors IT Workshop 10am		
Wednesday 20 March	Camden Civic	Seniors Festival Concert		
2019	Centre	11am		
Friday 12 April 2019	Mount Annan	Yogalistic group class		
	Leisure Centre	10.30am		
Wednesday 15 May	Oran Park Library	Tai Chi class 10.30am		
2019				
Thursday 18 July 2019	Narellan Library	Healthy Eating Workshop		
· ·		10am		
Tuesday August 20	Camden Civic Centre	Meditation class 10.30am		
2019				

