

Media Release



Tuesday 21 May 2019

Council's annual Seniors Lunch is back

Residents aged 55 years and over are invited to attend Camden Council's annual Seniors Lunch at Gledswood Homestead on Wednesday 19 June, 11am.

The two-course meal is subsidised by Council through the Seniors Program Committee, with tickets at \$28 each. Local artists, Glenda Bain and Carol Wood, will perform at the event.

"We'll be performing a selection of songs, a bit of both old-time and country," Ms Wood said.

"We enjoy singing and entertaining and we love the response we get from people who enjoy our style of music.

"This professional and happy event is really wonderful because it shows seniors that they are cared for and it gives them a chance to interact with like-minded people."

Mayor of Camden, Cr Theresa Fedeli, said the annual lunch helps to promote respect, inclusion and social participation in older residents, an outcome of Council's *Active Ageing Strategy*.

"Our older residents have told us that connecting with their neighbours and community was really important to feeling valued and loved and this, in turn, was an essential part of their wellbeing," Cr Fedeli said.

"There are more than 15,000 residents aged 55 years and over that call Camden home – 20 per cent of our community. We want each and every one of these residents to have the opportunity to get out and about, socialise, develop new friendships and connect with, and provide feedback to, Council – which is exactly what this event provides.

"Last year's event was incredibly successful, with more than 200 residents attending. We're expecting another very popular event, so anyone interested should reserve their spot as soon as possible!"

Bookings for the Seniors Lunch are now open and will close on Friday 7 June, 5pm.

For more information, call Council's Community Project Officer on 4645 5020. To reserve your place at the lunch, residents can buy tickets at:

- Camden Library, 40/44 John Street, Camden;
- Narellan Library, corner Queen and Elyard Streets, Narellan; or
- Council's Administration Building, 70 Central Avenue, Oran Park.

Residents are encouraged to let Customer Service staff know if they're part of a group when registering, so the group can be seated together or in close proximity.

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