

## Media Release

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## **Smartphone training for seniors**

Camden's older residents can learn the basics of using a smartphone at the next Tech Savvy Seniors session in October.

The free workshop is part of a series designed to help seniors understand and use mobile phones, computer programs and social media.

Mayor Peter Sidgreaves said the sessions had so far proven popular and would continue into next year.

"This is a great opportunity for our seniors to learn about technology in a friendly environment," Cr Sidgreaves said.

"Technology can be a powerful tool when it comes to keeping people connected and it's one that our older residents could benefit greatly from," he said.

The Tech Savvy Seniors Introduction to Smartphones session will be held 1pm-3pm, Monday 8 October at Narellan Library.

Residents attending the workshop are asked to bring their smartphone if they have one. Another session on the basics of social media is due to be held at Narellan Library on Monday 12 November.

For more information, call 4645 5039. Online bookings essential, phone or chat to library staff for assistance to book online.

Tech Savvy Seniors is provided by the NSW Government and Telstra, supported by the State Library of NSW.

**ENDS** 

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