

Media Release



23 August 2018

Organisations invited to join Café Connect

Council is calling on organisations and service providers to be part of its Café Connect project.

The cafes will be a one stop shop providing a diverse range of information for people aged over 55 years who live in the Camden LGA to connect with a variety of services.

“This is a fantastic initiative designed to increase social connections, promote active ageing, encourage lifelong learning and make information easily accessible to older residents,” said Mayor Lara Symkowiak.

“Through this initiative we hope to provide inviting spaces where older people can connect with services and other organisations and receive information face-to-face,” Cr Symkowiak said.

Information and activities provided at Café Connect will focus on improving wellbeing, health and social engagement.

There are 12 connection cafes scheduled so far for Mount Annan Leisure Centre, Camden Civic Centre, Narellan Library and Oran Park Library. Prior to each café, participants will also be invited to experience a variety of different activities that will include aqua aerobics, yoga, healthy eating workshops and IT workshops, to name a few.

To submit an expression of interest, download the form from Council’s website and send to access.mailbox@camden.nsw.gov.au.

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