

## Media Release

16 March 2018

## Keeping Cool, Clever and Connected for Seniors Festival

Food, entertainment and photography will be shared as part of Council's *Keeping Cool, Clever and Connected* program to celebrate the NSW Seniors Festival.

Council has arranged a diverse calendar of events for residents over the age of 55 to participate in during the festival which is to be held between 4-15 April.

"This program will provide seniors with opportunities to try something new, socialise and meet people," said Mayor Lara Symkowiak.

"Finding creative outlets can help to stimulate the mind and inspire good health and activity," Cr Symkowiak said.

"We want our senior residents to enjoy quality lifestyles by actively participating in events and continually creating new experiences," she said.

The classes include: -

## <u>Picture Perfect Photography Sessions</u>

Bring your digital camera along to receive individual hands-on instruction and professional tips about a range of photography issues. It is suitable for all digital cameras. The sessions will be held at Narellan Library. Cost is free. Bookings can be made online at www.library.camden.nsw.gov.au or by phone: 4645 5039.

### Times:-

- 1.30pm-4.30pm, Tuesday 3 April
- 1.30pm-4.30pm, Wednesday 4 April
- 10am-1pm, Thursday 5 April
- 10am-1pm, Friday 6 April

Email: caitlin.lewis@camden.nsw.gov.au



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## **Cooking Demonstration Workshop**

Get inspired in the kitchen and learn how to prepare food with fresh ingredients from the garden to the table. The workshops will be held at Narellan Library. Cost is free. Bookings can be made online at www.library.camden.nsw.gov.au or by phone: 4645 5039.

#### Times:-

- 10am-1pm, Wednesday 4 April
- 10am-1pm, Friday 13 April

## **Seniors Concert - Magical Entertainment**

Listen to the cool sounds of various local artists in the captivating magical show of Shaunicus the Magician. A light lunch will be provided and can be enjoyed during the show at Camden Civic Centre. Cost is \$5. Bookings can be made by phone: 0409 813 189.

### Time:-

10am-2pm, Wednesday 11 April.

The Keeping Cool, Clever and Connected program is proudly funded by the NSW Government in association with Camden Council.

**ENDS** 

Email: caitlin.lewis@camden.nsw.gov.au